Beverly Thorn, Ph.D.

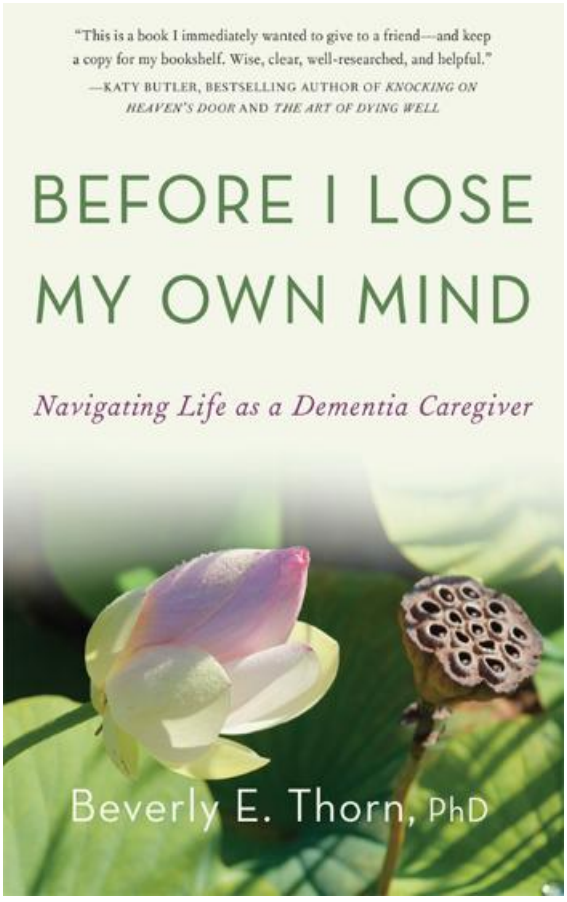
Psychologist, Author, Pain Management Expert,
Alzheimer's Caregiver, End-of-Life Doula

Please join ARIA in welcoming Dr. Beverly Thorn back to campus for a very special presentation on Wednesday March 25th at 12:00 pm for a virtual presentation titled "Advance Care Planning for People with Dementia".

Beverly E. Thorn, Ph.D., is Professor Emerita of psychology at UA, a licensed psychologist and a certified end-of-life doula (UVM) focusing on public education and preparing for later life. She has written two books, one on managing chronic pain and one a personal narrative and guidebook for caring for a loved one with dementia.

Her presentation will focus on her personal story of caring for her husband through his dementia, and helping clients and their families prepare for the dementia trajectory.

In *Before I Lose My Own Mind*, Thorn provides an honest vision of dementia caregiving and a roadmap for caregivers with resources and insights on advance care directives, support groups, death with dignity, grief, recovery, and more.



Scan the QR Code below or click here to register:

Questions can be directed to brian.cox@ua.edu

drBeverlyThorn.com