VITA
Beverly E. Thorn
June 2026

E-Mail: Bthorn@ua.edu
Professional Website: https://drbeverlythorn.com
LinkedIn: https://www.linkedin.com/in/beverly-thorn-658554318/
Substack: https://substack.com/@beverlythorn

Professional Credentials

Education

1971 - 1973	Western Maryland College Westminster, Maryland	
1973 - 1975	Emory University Atlanta, Georgia	B.A. in Psychology May 1975
1975 - 1977	Southern Illinois University Carbondale, Illinois	M.A. in Bio-Clinical Psychology, August, 1977
1977 - 1980	Southern Illinois University Carbondale, Illinois	Ph.D. In Bio-Clinical Psychology, August, 1980
1979 - 1980	University of Alabama at Birmingham, Alabama	Predoctoral Internship in Clinical Psychology
2022	University of Vermont	End-of-life Doula Certification

Professional Experience

1980 - June, 1986	Assistant Professor, Department of Psychology, Ohio State University
1982 - June, 1986	Assistant Professor, Department of Physical Medicine, Ohio State University
1982 - June, 1986	Coordinator of the Ohio State University Psychoeducational Clinic
1986 (July) - August, 1993	Associate Professor, Department of Psychology, University of Alabama
1991 (September) -August, 1997	Sexual Harassment Officer, College of Arts & Sciences

1992 (September) – January, 2007	Director of Clinical Psychology Ph.D. program, Department of Psychology, University of Alabama
1993 (September) – August 31, 2016	Professor, Department of Psychology, University of Alabama
2009 (August) -2014 (August)	Chair, Department of Psychology University of Alabama
2016 (September) - present	Professor Emerita, Department of Psychology. University of Alabama
2016 – present	Consultant and presenter: chronic illness, dementia, caregiving, end-of-life issues

Honors/Awards

- Book Awards for *Before I Lose My Own Mind: Navigating Life as a Dementia Caregiver*:
  - 2026 Gold Medal Winner, Self-Help Category –Independent Book Publishers Association (IBPA)
  - 2026 Winner, Self-Help Category – Next Generation Indie Book Awards
  - 2026 First Runner-Up, Self-Help Category – The Eric Hoffer Book Award
  - 2026 Finalist – Feathered Quill Book Award (Self-Help Category)
  - 2026 Finalist – Independent Publishers Book Awards (IPPY)

- Phi Beta Kappa - Emory University, 1973
- Summa Cum Laude - Emory University, 1975
- Predoctoral Research Award Fellowship - National Institute on Drug Abuse, 1979
- Distinguished Researcher Award, Alabama Psychological Association, 1993
- Distinguished Teaching Fellow, College of Arts & Sciences, University of Alabama, 1995-1998
- Graduate Student Association, Faculty Excellence Award, Univ. AL, 1997; 2014
- Society for Behavioral Medicine, Fellow, 2001
- Mentor of Excellence Award, Alabama Psychological Association, 2001
  - Distinguished Service Award, Council of University Directors of Clinical Training, 2002
  - Fellow, Division 38 (Health Psychology), American Psychological Association, 2004
  - American Pain Society Citation Award for research presented at the American Pain Society, Chicago, IL, 2003.
  - American Board of Professional Psychology specialty certification in Clinical Health Psychology, July, 2005
  - Fellow, Division 12 (Clinical Psychology), American Psychological Association, 2007

- Council of University Directors of Clinical Psychology – (First Annual) "The Beverly Thorn Award for Outstanding Director of Clinical Training Service," January, 2008
- Researcher Award, Department of Psychology, April, 2008.
- 2010 Nathan Perry Award for Career Service to Health Psychology, Division of Health Psychology, American Psychological Association.
- 2010 Lifetime Achievement Award, National Register of Health Service Providers in Psychology
- The Frederick Moody Blackmon-Sarah McCorkle Moody Professor of Excellence Award, The University of Alabama, 2010
- James Salem Chair Award for Outstanding Leadership to Students, Faculty and the College, College of Arts & Sciences, The University of Alabama, 2014
- Council on Community-Based Partnerships (CCBP) Faculty/Staff Distinguished Achievement Award in Community Engagement, The University of Alabama, 2016
- Wilbert E. Fordyce Clinical Investigator Award, The American Pain Society, 2018
- Ronald Melzack Lecture Award, The International Association for the Study of Pain, 2020
- Sir Sydney Sunderland Award Lecture, Australian Pain Society, 2022

Professional Memberships

American Psychological Association, Divisions 38, 12, 22 (Fellow, Div. 38, 12)

Licensure

Alabama Certificate of License
Alabama Board of Examiners in Psychology, August 6, 1986- present, #481
Ohio Certificate of License
Ohio State Board of Psychology, December 6, 1981 - 1986, #3153

Books:

Thorn. B.E. (2004). *Cognitive Therapy for Chronic Pain: A Step-by-Step Guide.* New York: Guilford.

Thorn, B. (2017). *Cognitive Therapy for Chronic Pain, Second Edition: A Step-by-Step Guide.* New York: Guilford.

Thorn, B. (2025). *Before I Lose My Own Mind: Navigating Life as a Dementia Caregiver.* Seattle, Washington, Girl Friday Productions.

Workbooks:

Thorn, B.E., Eyer, J.C., Van Dyke, B.P., Torres, C.A., Block, P.R., DeMonte, C.M., DeMonte, W.D., & Newman, A.K. (2017) Learning About Managing Pain: Patient Workbook. Author. ISBN 978-1-54391-226-5.

Thorn, B.E., Eyer, J.C., Van Dyke, B.P., Torres, C.A., Block, P.R., DeMonte, C.M., DeMonte, W.D., & Newman, A.K. (2017) Learning About Managing Pain: Patient Workbook – Therapist Edition. Author. ISBN 978-1-54391-225-8.

U. S. Department of Veterans Affairs, Veterans Health Administration, V.A. Pittsburgh Healthcare system (2018). Learning About Chronic Pain: Patient Education Booklet. 646-00SA-328 | 2/2019 (adapted from Thorn et al. (2017) Learning About Managing Pain Patient Workbook).

Thorn, B.E., Van Dyke, B.P., Newman, A.K., Torres, C.A., Eyer, J.C., Block, P.R., DeMonte, C.M., & DeMonte, W.D., &. (2017) Learning About My Pain: Patient Education Workbook. Author. ISBN 9781543985818.

Thorn, B.E., Van Dyke, B.P., Newman, A.K., Torres, C.A., Eyer, J.C., Block, P.R., DeMonte, C.M., & DeMonte, W.D., &. (2017) Learning About My Pain: Patient Education Workbook – Therapist Edition. Author. ISBN 9781543985801.

Dementia-Related Presentations, Classes, and Podcasts:

Thorn, B.E. & Roff, C. Age Ready! Four-week session on preparing for aging. Osher Life Long Learning Institute, Tuscaloosa, AL, February, 2024.

Thorn, B.E. Dementia and Care for the Caregiver. Osher Life-Long Learning Institute, Tuscaloosa, AL, January, 2025, July, 2025, October, 2025, Feb, 2026. Four-session course on Dementia, Dementia Care, and Care for the Caregiver.

Thorn, B.E. Facilitating Patient and Caregiver Knowledge, Communication, and Planning in Those Newly Diagnosed with Alzheimer's Disease. Brain Aging and Memory Clinic, University of Alabama at Birmingham. March 14, 2025.

Thorn, B.E., Cofer, K., Senn, A., Leonard, P. Protecting Ourselves and Our Loved Ones from Fraud. Panel Discussion. BCR Management Strategies for Success Series, Birmingham, AL., August 19, 2025.

Thorn, B.E. Supporting People with Dementia and Those Who Care for Them. Presbytery of Sheppards and Lapsley, First Presbyterian Church in Birmingham, AL., August 21, 2025.

Thorn, B.E. Facing Dementia: Facilitating Healthcare and End-Of-Life Discussions with Patients and Families. Alabama Psychological Association Annual Convention, Orange Beach, AL., August 23, 2025.

Thorn, B.E. Preparing for the Dementia Tsunami: Helping Our Villages Plan, Care, and Cope. National Virtual Village Gathering, Village-to-Village annual mtg, September 29, 2025.

Thorn, B.E. Alzheimer's Disease Research Conference. Symposium: Facing Dementia: Facilitating Healthcare and End-Of-Life Discussions with Patients and Families11/13 – The University of Alabama at Birmingham, Aug 2, 2025. (in-person)

Thorn, B.E. Grace Presbyterian Church/Tuscaloosa Home in Place. Planning and Communication When Faced with Dementia. Tuscaloosa, AL, Oct 19, 2025. (in-person)

Thorn, B.E. National Register of Health Service Psychologists. Facing Dementia: Facilitating Healthcare and End-Of-Life Discussions with Patients and Families: Clinical Education Webinar, Dec 10, 2025. (remote)

Thorn, B.E. Road Scholar Lecture Series: A Dementia Primer: Causes, Diagnosis, & Trajectory. February 5, 2026. (remote)

Thorn, B.E. University of Alabama College of Community Health Sciences, Annual Winternitz Memorial Lecture: Dementia Diagnosis: Planting the Seeds for Planning & Communication. Tuscaloosa, AL., February 24, 2026. (in-person)

Thorn, B.E. Panel Discussion with Temple Emmanuel Sisterhood: The Sandwich Generation: Birmingham, AL., March 18, 2026. (in-person)

Thorn, B.E. University of Alabama Research Institute on Aging: Advance Care Planning for People with Dementia. March 25, 2026 (remote).

Thorn, B.E. Panel Discussion with North American Securities Administers Association, Senior Issues Committee, Spotlight on Seniors Webcast: Protecting Vulnerable Adults and Understanding Cognitive Decline. March 31, 2026. (remote)

Thorn, B.E. St. Mary's College: Preparing for the Dementia Tsunami: Helping People Prepare, Care, and Cope. South Bend, Indiana, April 7, 2026. (in-person)

Thorn, B.E. St. Mark's Methodist Church, Women in Christian Service. Tuscaloosa, AL, April 19, 2026. (in-person)

Thorn, B.E. Warrior Investment Group: Preparing for Later Life & Possible Cognitive Decline: Helping People Prepare, Care, and Cope. Tuscaloosa, AL, April 30, 2026. (in-person)

Thorn, B.E. Prince of Peace Catholic Church: Preparing for the Dementia Tsunami: Helping People Plan, Care, and Cope. Birmingham, AL, May 12, 2026. (in-person)

Podcasts

End-of-Life University with Karen Wyatt: Navigating Life as a Dementia Caregiver, July 7, 2025.

Positive Aging Community, with Steven Gurney. *Before Lose My Own Mind: Navigating Life as a Dementia Caregiver*, July 15, 2025.

Fading Memories with Jennifer Fink, *Why Do I Feel So Alone as a Dementia Caregiver?* August 6, 2025.

Broken, Beautiful Me, with Kelly Buckley. *Caring for a Loved One with Dementia | Dr. Beverly Thorn's Guide to Resilience & Healing*, Sept. 22, 2025.

Best Life, Best Death Podcast with Dianne Hullet, *Dementia and Caregiving*, March 20, 2026.

Society for Clinical Health Psychology, *Health Psych Currents*, Dementia, Caregiving, and Coping, July 7, 2026

Refereed Publications (earliest to current)

Young, R.D., Thorn, B.E., Levitt, R.A., & Weyant, M.J. (1978). Use of the flinch-jump technique to study the neurology of narcotic analgesia in the rat. Physiological Psychology, 6, 226-228.

Thorn, B.E., & Levitt, R.A. (1980). Etorphine induction of analgesia and catatonia in the rat: Systemic or periaqueductal gray injection. Neuropharmacology, 19, 203-207.

Thorn-Gray, B.E., Levitt, R.A., Hill, J.T., & Ward, K. (1981). A neuroanatomical study of analgesia and catatonia elicited by etorphine in the rat. Neuropharmacology, 20, 763-767.

Thorn-Gray, B.E., Johnson, M.H., & Ashbrook, R.M. (1982). Cross-tolerance between two brainstem sites supporting stimulation-produced analgesia. Behavioral and Neural Biology, 36, 69-76.

Thorn-Gray, B.E., & Levitt, R.A. (1983). Rat brain sites responsive to etorphine: Analgesia and catatonia. Behavioral Neuroscience, 97(5), 768-778.

Thorn-Gray, B.E., & Kern, L.H. (1983). Sexual dysfunction associated with physical disability: A treatment guide for the rehabilitation practitioner. Rehabilitation Literature, (Article of the month), 44(5-6), 138-144. Reprinted in The Medical Sex Journal of South Africa, (1986), 2(4), 2-7.

Williams, D.A., & Thorn, B.E. (1984). Opiate withdrawal behavior after focal brain stimulation. Pharmacology, Biochemistry, and Behavior, 21, 699-703.

Thorn, B.E. & Plotkin, K.E. (1984). Neurochemical mechanisms of stimulation-produced analgesia: Comparison of tests involving tonic and phasic pain. Physiological Psychology, 12(4), 280-284.

Johnson, P.R., & Thorn, B.E. (1985). Locus of control and the effects of perceptual tasks on heart rate. Journal of Perceptual and Motor Skills, 60, 311-318.

Thorn, B.E., Bailey, R.L., & Butler, R. (1985). Adrenalectomy attenuates stimulation-produced analgesia. Neuropharmacology, 24, 655-657.

Glaser, R., Thorn, B.E., Tarr, K., Kiecolt-Glaser, J.K., & D'Ambrosio, S.M. (1985). Effects of stress on methyltransferase synthesis: An important DNA repair enzyme. Health Psychology, 4(5), 403-412.

Williams, D.A., & Thorn, B.E. (1986). Can research methodology affect treatment outcome? A comparison of two cold pressor test paradigms. Cognitive Therapy and Research, 10(5), 539-545.

Thorn, B.E., Williams, D.A., & Johnson, P.R. (1986). Individualized cognitive behavioral treatment of chronic pain. Behavioral Psychotherapy, 14, 210-225.

Beaulieu, C.L., & Thorn, B.E. (1986). Focal brain stimulation attenuates morphine withdrawal behaviors. Behavioral Neuroscience, 100, 504-511.

Thorn, B.E. & Williams, D.A. (1986). Hypnosis as a treatment for stress related disorders. In J.H. Humphrey (Ed.), Current Selected Research in Human Stress, Vol. 1, AMS Press. 139-162.
Butler, R.W., Damarin, F.L., Beaulieu, C. L., Schwebel, A.I., & Thorn, B.E. (1989). Assessing cognitive coping strategies for acute pain. Psychological Assessment: A Journal of Consulting & Clinical Psychology, 1(1), 41-45.

Thorn, B.E. & Williams, G.A. (1989). Goal specification alters perceived pain intensity and tolerance latency. Cognitive Therapy & Research, 13(2), 171-183.

Nichols, D. S., Thorn, B. E. & Berntson, G. G. (1989). Opiate and serotonergic mechanisms of stimulation-produced analgesia within the periaqueductal gray. Brain Research Bulletin, 22(4),717-724.

Johnson, P.R. & Thorn, B.E. (1989). Cognitive behavioral treatment of chronic headache: group vs. individual treatment format. Headache, 29, 358-365.

Williams, D. A. & Thorn, B. E. (1989). An empirical assessment of pain beliefs. Pain, 36(3), 351-358.

Thorn, B.E., Applegate, L., & Johnson, S.W. (1989). Ability of periaqueductal gray subdivisions and adjacent loci to elicit analgesia and ability of naloxone to reverse analgesia. Behavioral Neurosciences, 103(6), 1335-1339.

Thorn, B.E., Applegate, L. & Jones, K. (1990). The relative efficacy of monopolar vs. bipolar electrodes in stimulation-produced analgesia. Experimental Brain Research, 79, 266-270.

Nichols, D.S. & Thorn, B.E. (1990). Stimulation-produced analgesia and its cross-tolerance between dorsal and ventral PAG loci. Pain, 41, 347-352.

Fernandez, E., Nygren, T., & Thorn, B.E. (1991). An open transformed scale for correcting ceiling effects and enhancing retest reliability: The example of pain. Journal of Perception & Psychophysics, 49(6), 572-578.

Thorn, B.E. & James, L.D. (1991). Goal specification enhances the efficacy of cognitive behavioral treatment of headache. Cephalalgia, 11(S11), 302-303.

Thorn, B.E., & Hansell, P. L. (1993). Goals for coping with pain mitigate time distortion. American Journal of Psychology, 106(2), 211-225.

Galin, K.E., & Thorn, B.E. (1993). Unmasking pain: Detection of deception in facial expressions. Journal of Social & Clinical Psychology, 12(2), 182-197.

Thorn, B.E., Shealy, R.C., & Briggs, S. (1993). Sexual Misconduct in Psychotherapy: Reactions to a consumer-oriented brochure about therapist sexual misconduct. Professional Psychology: Research & Practice, 24(1), 75-82.

James, L.D., Thorn, B.E., & Williams, D.A. (1993). Goal specification in cognitive behavioral therapy for chronic headache pain. Behavioral Therapy, 24, 305-320.

Wilson, J.J., Chaplin, W.F., & Thorn, B.E. (1995). The influence of different standards on the evaluation of pain: Implications for assessment and treatment. Behavior Therapy, 26, 217-239.

Thorn, B.E., Rubin, N., Holderby, A., & Shealy, R.C. (1996). Psychotherapy client responses to consumer-oriented brochures: Attitudes about sexual misconduct. Ethics and Behavior, 6, (1), 17-28.

Hansell, P.L., Thorn, B.E., Prentice-Dunn, S., & Floyd, D. L. (1998). The effects of primary appraisals of infertility and other gynecological stressors on coping, Journal of Clinical Psychology in Medical Settings, 5(2), 1-7.

Kuhajda, M., Thorn, B.E., & Klinger, M. (1998). The effect of pain on memory for affective words, Annals of Behavioral Medicine, 20(1), 31-35.

Thorn, B.E. & Dixon, K. (1999). Issues of internship supply and demand: A survey of academic counseling and clinical programs. Professional Psychology, Research and Practice, 30 (2), 198-202.

Thorn, B.E., Rich, M.A., Boothby, J.L. (1999). Pain beliefs and coping attempts: Conceptual model building. Pain Forum, 8 (4), 169-171.

Stroud, M.W., Thorn, B.E., Jensen, M. P., & Boothby, J. L. (2000). The relation between pain beliefs, negative thoughts, and psychosocial functioning in chronic pain patients. Pain, 84, 347-352.

Dixon, K. & Thorn, B.E. (2000). Does the internship shortage portend market saturation? 1998 placement data across the four major national training councils. Professional Psychology: Research & Practice, 31, 276-280.

Keilin, W.G., Thorn, B.E., Rodolfa, E.R., Constantine, M.G., & Kaslow, N. J. (2000). Examining the balance of internship supply and demand: 1999 Association of Psychology Postdoctoral and Internship Centers' match implications. Professional Psychology: Research & Practice, 31, 288-294.

Sullivan, M.J.L, Thorn, B.E., Haythornthwaite, J., Keefe, F., Martin, M., Bradley, L., & Lefebvre, J. (2001). Theoretical perspectives on the relation between catastrophizing and pain. Clinical Journal of Pain, 17, 52-64.

Fisher, S. E., Burgio, L. D., Thorn, B.E., Allen-Burge, R., Gerstle, J., & Allen, S. (2002). Pain assessment and management among cognitively impaired nursing home residents: Correlates of analgesic medication use, nursing assistant pain report, and MDS pain report. Journal of American Geriatrics Society, 50: 152-156.

Sanford, S. D., Kersh, B.C., Thorn, B.E., Rich, M.A., & Ward, L.C. (2002). Psychosocial mediators of sex differences in pain responsivity. Journal of Pain, 8(1), 58-64.

Thorn, B.E., Boothby, J.L., Sullivan, M.J.L. (2002). Targeted treatment of catastrophizing for the
management of chronic pain. Cognitive and Behavioral Practice, 9 (2), 127-138.

Kuhajda, M.C., Thorn, B.E., Klinger, M.R., & Rubin, N.J. (2002). The effect of headache pain on memory and attention. Pain, 97, 213-221.

Allen, R.A., Thorn, B.E., Gerstle, J., Allen, S.J., Fisher, S.E., Quarles, K., Bourgeois, M., Dijkstra, K., & Burgio, L. (2003). Prescription and dosage of analgesic medication in relation to resident behaviors in the nursing home. Journal of American Geriatrics Society, 51: 534-538.

Thorn, B.E., Boothby, J. L., Ward, L.C., & Sullivan, M.J.L. (2003). Communal coping model of catastrophizing: conceptual model building. Pain, 106, 1-2.

Sullivan, M.J.L., Thorn, B.E., Rogers, W. A., & Ward, L.C. (2004). Path Model of Psychological Antecedents to Pain Experience: Experimental and Clinical Findings, The Clinical Journal of Pain, 20, 164-173.

Boothby, J.L., Thorn, B.E., Overduin, L.Y., & Ward, L.C. (2004). Catastrophizing and Perceived Spouse Responses to Pain. Pain, 109, 500-506.

Thorn, B.E., Clements, K.L., Ward, L.C., Dixon, K.E., Kersh, B.C., Boothby, J.L., & Chaplin, W. F. (2004). Personality factors in the explanation of sex differences in pain catastrophizing and response to experimental pain, The Clinical Journal of Pain, 20, 275-282.

Thorn, B.E. Keefe, F.J., & Anderson, T. (2004). The communal coping model and interpersonal context: Problems or process? Pain, 110, 505-507.

Dixon, K.E., Thorn, B.E., & Ward, L.C. (2004). An evaluation of sex differences in psychological and physiological responses to experimentally-induced pain: a path analytic description. Pain, 112, 188-196.

Kaslow, N.J., Pate, W., & Thorn, B. E. (2005). Academic and internship directors' perspective on practicum experiences: Implications for training. Professional Psychology: Research and Practice, 36, 307-317.

Thorn, B.E., & Dixon, K.E. (2005). Cognitive-behavioral management of chronic pain. Directions in Rehabilitation Counseling, 16, 45-56.

Fisher, S.E., Burgio, L.D., Thorn, B.E., & Hardin, J.M. (2006). Obtaining self-report data from cognitively impaired elders: Methodological issues and clinical implications for nursing home pain assessment. The Gerontologist, 46, 81-88.

Ward, L.C., Thorn, B.E., Clements, K.L., Dixon, K.E., & Sanford, S.D. (2006). Measurement of agency, communion, and emotional vulnerability with the Personal Attributes Questionnaire. Journal of Personality Assessment, 86, 206-216.

Ward, L.C. & Thorn, B.E. (2006). The fear-avoidance model of chronic pain: Further thoughts on the process of validating a causal model. Pain, 121, 173-174.

Thorn, B.E. & Kuhajda, M.C. Group Cognitive Therapy for Chronic Pain. (2006). Journal of Clinical Psychology: In Session, 62, 1355-1366.

Cano, A., Pence, L., Thorn, B.E., & Ward, L.C. (2006). Perceived spouse response to pain: The level of agreement in couple dyads and the role of catastrophizing, marital satisfaction, and depression. Journal of Behavioral Medicine, 29, 511-522.

Thorn, B.E., Cross, T.H. & Walker, B.B. (2007). Meta-analyses and systematic reviews of psychological treatments for chronic pain: Relevance to an evidence-based practice. Health Psychology, 26, 10-12.

Leubbe, A. M., Radcliffe, A.M., Callands, T., Green, D. & Thorn, B. E. (2007). Evidence-based practice in psychology: Perceptions of graduate students in scientist-practitioner programs. Journal of Clinical Psychology, 68(7): 643-657.

Kaslow, N., Rubin, N., Forrest, L., Elman, N., Van Horne, B., Jacobs, S., Huprich, S., Benton, S., Pantesco, V., Dollinger, S, Grus, C., Behnke, S., Miller, D., Shealy, C., Mintz, L., Schwartz Mette, R., Van Sickle, K, & Thorn, B. (2007) Recognizing, assessing, and intervening with problems of professional competence. Professional Psychology: Research and Practice, 38(5), 479-492.

Thorn, B. E., Pence, L.B., Ward, L.C., Kilgo, G., Clements, K.L., Cross, T.H., Davis, A.M., & Tsui, P.W. (2007). A randomized clinical trial of cognitive behavioral treatment targeted at the reduction of catastrophizing in chronic headache sufferers. Journal of Pain, 68(12), 938-949.

France, C.R., Masters, K.S., Belar, C.D., Kerns, R.D., Klonoff, E.A., Larkin, K.T., Smith, T.W., Suchday, S., & Thorn, B.E. (2008). Application of the Competency Model to Clinical Health Psychology. Professional Psychology: Research & Practice, 39(6), 573-580.

Pence, L.B., Thorn, B.E., Jensen, M.P., & Romano, J.M. (2008). Examination of the predictive ability of perceived spouse responses to patient well and pain behavior. Clinical Journal of Pain, 24(8), 654-661.

Masters, K.S., France, C.R., & Thorn, B.E. (2009). Enhancing preparation among entry level clinical health psychologists: Recommendations for “best practices” from the first meeting of the Council of Clinical Health Psychology Training Programs. Training & Education in Professional Psychology, 3(4), 193-201.

Day, M.A., Thorn, B.E., (2010). The relationship of demographic and psychosocial variables to pain-related outcomes in a rural chronic pain sample. Pain, 151(2), 467-474.

Forsythe, L. P., Thorn, B.E., Day, M.A., & Shelby, G. (2011). Race and Sex Differences in Primary Appraisals, Catastrophizing, and Experimental Pain Outcomes. Journal of Pain, 12(5), 563-572.

Thorn, B.E. & Burns, J.W. (2011). Common and specific treatment mechanisms in psychosocial pain interventions: the need for a new research agenda. Pain. 152(4), 705-706.

Kuhajda, M.C., Thorn, B.E., Gaskins, S.W., Day, M.A., & Cabbil, C.M. (2011). Literacy adaptations for cognitive behavioral therapy in a rural pain population. Translational Behavioral Medicine: Research, Policy & Practice. 1(2), 216-223.

Day, M.A. Thorn, B.E., Kapoor, S. (2011). A qualitative analysis of a randomized controlled trial comparing a cognitive-behavioral treatment with education. Journal of Pain, 12(9), 941-952.

Thorn, B.E., Day, M.A., Burns, J., Kuhajda, M., Gaskins, S., Sweeney, J., ~~~ Cabbil, C. (2011). Randomized trial of group cognitive-behavioral therapy compared to a pain education control for low literacy rural people with chronic pain. Pain, 152, 2710-2720.

Tsui, P., Day, M.A., Thorn, B.E., Rubin, N., Alexander, C., & Jones, R. (2012). The Communal Coping Model of Catastrophizing: Patient-Health Provider Interactions. Pain Medicine, 13, 66–79.

Burns JW**,** Day MA, Thorn BE (2012). Is reduction in pain catastrophizing a therapeutic mechanism specific to cognitive behavioral therapy for chronic pain? Translational Behavioral Medicine: Practice, Policy and Research, 2, 22-29.

Day, M.A., Thorn, B.E., & Burns, J. (2012). The Continuing Evolution of Biopsychosocial Interventions for Chronic Pain. Journal of Cognitive Psychotherapy, 26(2), 114 – 129.

Forsythe, L.P., Romano, J.M., Jensen, M.P., & Thorn, B.E. (2012). Attachment Style Is Associated with Perceived Spouse Responses and Pain-Related Outcomes. Rehabilitation Psychology, 57(4), 290-300.

Day, M., Thorn, B.E., Ward, L.C., Rubin, N., Hickman, S., Scogin, F., & Kilgo, G. (2014). Mindfulness-based cognitive therapy for the treatment of headache pain: A pilot study. Clinical Journal of Pain, 2(9), 941-952.

Day, M.A., Rich, M.A., Thorn, B.E., Berbaum, M. & Mangieri, E. (2014). A placebo-controlled trial of midazolam as an adjunct to morphine patient-controlled analgesia after spinal surgery. Journal of Clinical Anesthesia, 26, 300-308.

Day, M., Thorn, B., Rubin, N. (2014). Mindfulness-based cognitive therapy for the treatment of headache pain: A mixed-methods analysis comparing treatment responders and treatment non-responders. Complementary Therapies in Medicine, 22, 278-285. DOI: 10.1016/j.ctim.2013.12.018.

Day, M., Jensen, M., Edhe, D., Thorn, B. (2014). Toward a Theoretical Model for Mindfulness-Based Pain Management. Journal of Pain, 15(7), 691-703.

Kapoor, S., Thorn, B.E., Bandy, O., & Clements, K.L. (2015). Pain Referents Used to Respond to a Catastrophizing Measure. European Journal of Pain, 19(3):400-7. DOI:10.1002/ejp.561.

Kapoor, S., & Thorn, B.E. (2014). Health care utilization in patients with chronic pain in rural Alabama. Rural and Remote Health, 14: 2879. (Online).

Combs, M. & Thorn, B. (2014) Barriers and Facilitators to Yoga Use in a Population of Individuals with Self-Reported Chronic Low Back Pain: A Qualitative Approach. Complementary Therapies in Clinical Practice, 20(4): 268-75. DOI: 10.1016/j.ctcp.2014.07.006.

Eyer, J.C. & Thorn, B.E. (2015). The LAMP Study: a Randomized Controlled Behavioral Trial of Psychosocial Treatments for Chronic Pain in Individuals with Financial Disadvantage. Journal of Health Psychology,1-12. DOI: 10.1177/1359105315570985.

DeMonte, C., DeMonte, W., & Thorn, B.E. (2015) Future implications of eHealth interventions for chronic pain management in underserved populations. Pain Management, 5(3), 207-214. DOI: 10.2217/PMT.15.9.

Combs, M.A. & Thorn, B.E. (2015). Yoga attitudes in chronic low back pain: Roles of catastrophizing and fear. Complementary Therapies in Clinical Practice, 21, 160-165. DOI: 10.1016.j.ctcp.2015.06.006

Dixon, Kim E., & Thorn, B.E. (2015). Pain Assessment: A Practical Guide for Researchers and Clinicians. Journal of Rational Emotive Therapy, 33(3), 202-217. DOI 10.1007/s10942-015-0211-1.

Byers, H.D., Lichstein, K.L., & Thorn, B.E. (2016). Cognitive processes in comorbid poor sleep and chronic pain. Journal of Behavioral Medicine. 39(2), 233-240. DOI 10.1007/s10865-015-9687-5

Day, M.A., Smitherman, A., Ward, L.C., Thorn, B.E. (2015). An investigation of the associations between measures of mindfulness and pain catastrophizing. Clinical Journal of Pain, 31(3), 222-228. 10.1097/AJP.0000000000000102

Kapoor, S., White, J., Thorn, B.E., & Block, P. (2016). Patients Presenting to the Emergency Department with Acute Pain: The Significant Role of Pain Catastrophizing and State Anxiety. Pain Medicine. 17(6), 1069-10780, https://doi.org/10.1093/pm/pnv034.

Day, M., Halpin, J., & Thorn, B.E. (2016) An Empirical Examination of the role of Common Factors of Therapy during a Mindfulness-Based Cognitive Therapy Intervention for Headache Pain. Clinical Journal of Pain. 32(5), 420-427. https://doi.org/10.1097/AJP.0000000000000277

Day, M.A., Thorn, B.E. (2016). The mediating role of pain acceptance during mindfulness-based cognitive therapy for headache. Complementary Therapies in Medicine, 25, 51-54. https://DO.org/10.1016/j.ctim.2016.01.002.

Jensen, M.P., Ward, L.C., Thorn, B.E., Ehde, D, & Day, M.A. (2017). Measuring the Cognitions, Emotions, and Motivation Associated With Avoidance Behaviors in the Context of Pain, Preliminary Development of the Negative Responsivity to Pain Scales. Clinical Journal of Pain, 33(4), 320-334. https://doi.org/10.1097/AJP.0000000000000407.

Torres, C., Thorn, B.E., Kapoor, S., DeMonte, C., (2017). An Examination of Cultural Values and Pain Management in Foreign-born Hispanics Seeking Care at a Federally Qualified Health Center, Pain Medicine, Pain Medicine, 18(11), 2058–2069. https://doi.org/10.1093/pm/pnw315.

Block, P. R., Thorn, B. E., Kapoor, S., & White, J. (2017). Pain Catastrophizing, rather than Vital Signs, Associated with Pain Intensity in Patients Presenting to the Emergency Department for Pain. Pain Management Nursing, 18(2) 102–109. doi.org/10.1016/j.pmn.2016.12.001

Newman, A.K., Van Dyke, B.P., Torres, C.A., Baxter, J.W., Eyer, J.C., Kapoor, S., & Thorn, BE. (2017) The relationship of demographic and psychosocial variables to chronic pain

variables in a low- income population. Pain, 158(9), 1687-1696. doi: 10.1097/j.pain.0000000000000964.

Day, M.A., & Thorn, B.E. Mindfulness-Based Cognitive Therapy for Headache Pain: An Evaluation of the Long-Term Maintenance of Effects (2017). Complementary Therapies in Medicine, 33, 94-98. https://doi.org/10.1016/j.ctim.2017.06.009/

Day, M., Ward, L.C., Thorn, B.E., Lang, C., Newton-John, T., Ehde, D., & Jensen, M. (2018). The Pain-Related Cognitive Processes Questionnaire (PCPQ): Development and Validation, Pain Medicine, 19(2), 269-283. https://doi.org/10.1093/pm/pnx010.

Eyer, J.C., Kapoor, S., Combs, M.A., Thorn, B.E. (2018). Spiritual Openness, Revisiting a Potentially Important Aspect of Spirituality: Scale Review and Revision, Journal of Religion and Health, 57(3), 883–900. https:/doi.org/10.1007/s10943-017-0444-7.

Jensen, M. P., Thorn, B. E., Carmody, J., Keefe, F. J., & Burns, J. W. (2018). The role of cognitive content and cognitive processes in chronic pain: An important distinction? The Clinical Journal of Pain, 34(5), 391-401. https://doi.org/10.1097/AJP.0000000000000559.

Thorn, B.E., Eyer, J.C., Van Dyke, B.P., Torres, C.A., Thorn, B.E., Kim, M., ….Tucker, D.H. (2018). Literacy-Adapted Cognitive-Behavioral Therapy vs Education for Chronic Pain at Low-Income Clinics: A Randomized Controlled Trial. Annals of Internal Medicine,168(7), 471-480. https://doi.org/:10.7326/M17-0972.

Thorn, B. E., Campbell, L. C., Van Dyke, B. P., Newman, A. K., & Torres, C. A. (2018). Reply to Rediger & Miles on Cognitive “bandwidth” and treatment of chronic pain [Letter to the editor]. Annals of Internal Medicine,169(6), 422-423.

Dorfman, C. S., Kelleher, S. A., Winger, J. G., Shelby, R. A., Thorn, B. E., Sutton, L. M., Keefe, F. J., Gandhi, V., Manohar, P., & Somers, T. J. (2018). Development and pilot testing of an mHealth behavioral cancer pain protocol for medically underserved communities. Journal of Psychosocial Oncology, 335-349. https://doi.org/10.1080/07347332.2018.1479327

Thorn, B.E. (2018). Cognitive-Behavioral Therapy for Chronic Pain. Journal of Health Service Providers. 44, 25-32.

Newman, A.K., Kapoor, S., & Thorn, B.E. (2018). Health Care Utilization for Chronic Pain in Low-Income Settings. Pain Medicine, 19(12), 2387-2397. https://doi.org/10.1093/pm/pny119.

Newman, A., & Thorn, B. (2019). (298) An Intersectional Identity Approach to Chronic Pain Disparities. The Journal of Pain, 20(4), S48-S49.

Day MA, Ward LC, Ehde DM, Thorn, B.E., Burns, J., Barnier,A., Mattingly, J.B., & Jensen, M.P. (2019). A pilot randomized controlled trial comparing mindfulness meditation, cognitive therapy, and mindfulness-based cognitive therapy for chronic low back pain. Pain Medicine, 20(11), 2134–2148. doi: 10.1093/pm/pny273

Van Dyke, B. P., Newman, A. K., Torres, C. A., Burns, J. W., Eyer, J. C., & Thorn, B. E. (2019). Heterogeneity of treatment effects among group cognitive-behavioral therapy, pain psychoeducation, and usual medical care for multiply disadvantaged patients with chronic pain. The Journal of Pain, 20(10):1236-1248.

Day, M. A., Ehde, D. M., Burns, J., Ward, L. C., Friedly, J. L., Thorn, B. E., ... & Jensen, M. P. (2020). A randomized trial to examine the mechanisms of cognitive, behavioral and mindfulness-based psychosocial treatments for chronic pain: Study protocol. Contemporary Clinical Trials, 93, 106000.

Day, M.A., Ward, L.C., Thorn, B.E., Burns, J., Ehde, D.M., Barnier, A., Mattingley, J.B., Jensen, M.P. (2020). Mechanisms of mindfulness meditation, cognitive therapy, and mindfulness-based cognitive therapy for chronic low back pain. Clinical Journal of Pain, 36(10), 740.

Day, M. A., Thorn, B. E., Ehde, D. M., Burns, J. W., Barnier, A., Mattingley, J. B., ... & Jensen, M. P. (2020). Moderators of mindfulness meditation, cognitive therapy, and Mindfulness-Based cognitive therapy for chronic low back pain: a test of the limit, activate, and enhance model. The Journal of Pain, 21(1-2), 161-169.

Kelleher, S. A., Winger, J. G., Fisher, H. M., Miller, S. N., Reed, S. D., Thorn, B. E., ... & Somers, T. J. (2021). Behavioral cancer pain intervention using videoconferencing and a mobile application for medically underserved patients: Rationale, design, and methods of a prospective multisite randomized controlled trial. Contemporary Clinical Trials, 102, 106287.

Burns, J. W., Van Dyke, B. P., Newman, A. K., Morais, C. A., & Thorn, B. E. (2020). Cognitive behavioral therapy (CBT) and pain education for people with chronic pain: Tests of treatment mechanisms. Journal of Consulting and Clinical Psychology, 88(11), 1008–1018.

Thorn, B.E. (2020) Ronald Melzack Award Lecture: Putting the brain to work in cognitive behavioral therapy for chronic pain, Pain, 161, S27-S35.

Newman, A. K., Van Dyke, B. P., Morais, C. A., & Thorn, B. E. (2021). An initial psychometric evaluation of the pain concepts questionnaire in a low-SES setting. The Journal of Pain, 22(1), 57–67.

Grover, M.P., Jensen, M.P., Ward, L.C., Ehde, D.M., Mattingly, J., Thorn, B.E., Ferreira-Valente, A., Day. M.A. (2021). An experimental investigation of the effects and mechanisms of mindfulness meditation versus self-hypnosis versus an attention control on cold pressor outcomes. Mindfulness, 12, 923-935.

Burns, J. W., Gerhart, J., Van Dyke, B. P., Morais, C. A., Newman, A. K., & Thorn, B. (2021). Examination of mechanism effects in cognitive behavioral therapy and pain education: analyses of weekly assessments. Pain,162(9), 2446-2455.

Cattanach, B. K., Thorn, B. E., Ehde, D. M., Jensen, M. P., & Day, M. A. (2021). A qualitative comparison of mindfulness meditation, cognitive therapy, and mindfulness-based cognitive therapy for chronic low back pain. Rehabilitation Psychology, 66(3), 317.

Morais, C. A., Newman, A. K., Van Dyke, B. P., & Thorn, B. (2021). The Effect of Literacy-

Adapted Psychosocial Treatments on Biomedical and Biopsychosocial Pain Conceptualization. The Journal of Pain, 22(11), 1396-1407.

Burns, J. W., Jensen, M. P., Thorn, B., Lillis, T. A., Carmody, J., Newman, A. K., & Keefe, F. (2022). Cognitive therapy, mindfulness-based stress reduction, and behavior therapy for the treatment of chronic pain: randomized controlled trial. Pain, 163(2), 376-389.

Burns, J. W., Jensen, M. P., Gerhart, J., Thorn, B. E., Lillis, T. A., Carmody, J., & Keefe, F. (2023). Cognitive therapy, mindfulness-based stress reduction, and behavior therapy for people with chronic low back pain: A comparative mechanisms study. Journal of Consulting and Clinical Psychology, 91(3), 171–187.

Burns, J. W., Jensen, M. P., Thorn, B. E., Lillis, T. A., Carmody, J., Gerhart, J., & Keefe, F. (2024). Cognitive therapy, mindfulness-based stress reduction, and behavior therapy for the treatment of chronic pain: predictors and moderators of treatment response. The Journal of Pain, 25(6), 104460.

Day, M. A., Ciol, M. A., Mendoza, M. E., Borckardt, J., Ehde, D. M., Newman, A. K., ... & Jensen, M. P. (2024). The effects of telehealth-delivered mindfulness meditation, cognitive therapy, and behavioral activation for chronic low back pain: a randomized clinical trial. *BMC medicine*, *22*(1), 156.

Day, M. A., Ciol, M. A., Mendoza, M. E., Borckardt, J., Ehde, D. M., Newman, A. K., ... & Jensen, M. P. (2024). Correction: The effects of telehealth-delivered mindfulness meditation, cognitive therapy, and behavioral activation for chronic low back pain: a randomized clinical trial. *BMC medicine*, *22*, 447.

Day, M. A., Ward, L. C., Ehde, D. M., Mendoza, M. E., Phillips Reindel, K. M., Thorn, B. E., ... & Jensen, M. P. (2024). Initial development and psychometric properties of the Therapist Quality Scale. *Rehabilitation Psychology*.

Gerhart, J., Burns, J. W., Thorn, B., Jensen, M., Carmody, J., & Keefe, F. (2025). Treatment mechanism and outcome decoupling effects in cognitive therapy, mindfulness-based stress reduction, and behavior therapy for chronic pain. *Pain*, *166*(2), 408-419.

Newman, A. K., & Thorn, B. E. (2025). Accessibility of psychological treatments for chronic pain in low socioeconomic settings. *Current Opinion in Psychology*, *62*, 101991.

Day, M. A., Ciol, M. A., Ehde, D. M., Mendoza, M. E., Borckardt, J., Newman, A. K., ... & Jensen, M. P. (2026). The Effects of Psychological Treatments for Chronic Pain on Reducing Opioid Use in People at Risk for Opioid Misuse: A Randomized Feasibility Trial. *Pain Practice*, *26*(1), e70107.

Adair Monson, E., Mardian, A., Saxena, K., Dorsonne, B., Hailu, A. Y., Heggan, E., ... & Darnall, B. D. (2026). Randomized comparative effectiveness study of 1-session vs 8-session online behavioral treatment for chronic pain: protocol for the national PROGRESS study. *Pain Medicine*, pnag027.

Book Chapters

Thorn, B.E., & Levitt, R.A. (1981). Ingestive behavior. In R.A. Levitt (Ed.), Physiological Psychology. Holt, Rinehart, & Winston.

Thorn, B.E., & Levitt, R.A. (1981). Sleeping and waking. In R.A. Levitt (Ed.), Physiological Psychology. Holt, Rinehart, & Winston.

Thorn, B.E., & Williams, D.A. (1993). Cognitive-behavioral management of chronic pain. Innovations in Clinical Practice: A source Book (12), 169-191.

Thorn, B.E. (2000). Sexual Harassment. In D.L. Peck & N.A. Dolch (Eds.), Extraordinary Behavior: A Case Study Approach to Understanding Social Problems. Westport, Conn., Praeger.

Boothby, J.L., Thorn, B.E., Stroud, M. & Jensen, M. (1999). Coping with Chronic Pain. In R. J. Gatchel & D.J. Turk (Eds.), Psychosocial Factors in Pain: Critical Perspectives. New York: Guilford Publications.

Boothby, J.L., & Thorn, B.E. (2002). Evaluating pain patients involved in personal injury litigation. Innovations in Clinical Practice: A Source Book, 20, 167-182.

Boothby, J.L., Kuhajda, M.K., & Thorn, B.E. (2003). Diagnostic and Treatment Considerations in Chronic Pain, in L.M. Cohen, D.E. McChargue & F.L. Collins (Eds.) The Health Psychology Handbook: Practical Issues for the Behavioral Medicine Specialist, Sage Publishing, 229-251.

Thorn, B.E. & Lokken, K.L. (2006). Biological Influences, in F. Andrasik (ed.) Adult Psychopathology: Comprehensive Handbook of Personality and Psychopathology, New York: John Wily and Sons, 85 - 98.

Thorn, B.E. & Dixon, K.E. (2007). Coping with Pain, in E. Martz & H. Levneh (Eds.) Stress Reactions to and Coping with Chronic Illness and Disability, New York: Springer Publishing.

Thorn, B.E., Kilgo, G.R., Pence, L., & Kilgo, M. (2008). Collaborative Treatment of Patients with Migraine Headache, in Kessler, R. & Stafford, D. (Eds.) Collaborative Medicine Case Studies: Evidence in Practice., New York: Springer Publishing, 127-142.

Thorn, B.E., Kuhajda, M.C., & Walker, B.B. (2008). Cognitive-Behavioral Group Therapy for Specific Disorders: Group Therapy for Chronic Pain. In Gabbard, G.O (Ed.) Textbook of Psychotherapeutic Treatments in Psychiatry. American Psychiatric Publishing, 831-866.

Thorn, B.E., Walker, B.B. & McConley, R. (2010). Group psychotherapy in the management of chronic pain. Bonica's Management of Pain, 4th edition. Lippincott, Williams, & Wilkins, 1266-1284.

Thorn, B.E., Walker, B.B. (2011). Chronic Pain: Closing the gap between evidence and practice. Oxford Handbook of Health Psychology. Oxford University Press, 375-393.

Day, M.A., Eyer, J., & Thorn, B.E. (2013).*Therapeutic Relaxation*. The Wiley Handbook of Cognitive Behavioral Therapy: A Complete Reference Guide. Volume 1: CBT General Strategies. Wiley-Blackwell, 157-180.

(2018). Bonica's Management of Pain, 5th edition.

Brief Articles/ Book Reviews/ Encyclopedia Entries

Thorn-Gray, B.E. (1984). Topical entries: Anti-anxiety drugs; electrical nervous system stimulation; neurosurgery; pseudohermaphrodism; sex chromosome disorders; sexual dysfunction. In R.J. Corsini (Ed.), Wiley Encyclopedia of Psychology, 1, 75-76; 422-423; 2, 432-433; 3, 80-82; 299-300; 312-314. Reprinted in The Wiley Abbreviated Encyclopedia of Psychology, (1986).

Thorn, B.E. (1985). Review of Counseling in marital and sexual problems: A clinician's handbook. Contemporary Psychology, 30(8), 632-633.

Alabama Psychological Association Committee to Prevent Psychological Misconduct (1990). Client Therapist Intimacy: Appropriate and Inappropriate Conduct. Consumer Brochure published by the Alabama Psychological Association (committee co-chairs: Beverly Thorn & R. Clayton Shealy).

Thorn, B.E. & Corbin, S. (1990). Review of Sexuality and Chronic Illness: A Comprehensive approach. Contemporary Psychology, 35(3), 293-294.

Thorn, B.E. & Shealy, R.C. (1992). Review of Psychotherapists' Sexual Involvement with Clients: Intervention and Prevention. Psychology of Women Quarterly, 16(2), 265-266.

Thorn, B.E. (1998). Clinical psychology directors focus on supply and demand. APA Monitor, 9, 40.

Dixon, K.E., Thorn, B.E., & Ward, L.C. (2005). In search of catastrophizing. Letter to the Editor. Journal of Pain, 6, 407.

Spring, B., Pagoto, S., Altman, S. & Thorn, B. (2005). An evidence-based practice glossary: Unscrambling alphabet soup. The Health Psychologist, 27, 3-4, 15-16.

Reprinted (2005) in The Behavior Therapist, 28, 187-188.

Thorn, B.E. (2005). Cognitive Therapy for chronic pain. The Register Report, *31*, 38-45.

Thorn, B.E. (2006). Pain in the Brain: Stuck in the middle of mind-body dualism. A review of Kamen, P., All in My Head: An Epic Quest to Cure and Unrelenting, Totally Unreasonable, and Only Slightly Enlightening Headache. Cambridge, MA: Da Capo Press, PsychCritiques, *51(2)*, Article 9 .

Thorn, B.E. (2006). The Journal of Clinical Psychology, The next five years. Editorial Note. Journal of Clinical Psychology, 62, 253-257.

Thorn, B.E. & Andrasik, F. (2007). Psychological treatment of headache, in R.F. Schmidt & W.D. Willis (Eds.) Encyclopedia of Pain, (pp. 2034-2037). Berlin, Germany: Springer-Verlag.

Thorn, B.E. & Andrasik, F. (2007). Relaxation in the treatment of pain, in R.F. Schmidt & W.D. Willis (Eds.) Encyclopedia of Pain, (pp. 2109-2111). Springer, Berlin, Germany: Springer-Verlag.

Andrasik, F. & Thorn, B.E. (2007). Psychophysiological assessment of pain, in R.F. Schmidt & W.D. Willis (Eds.) Encyclopedia of Pain, (pp. 2059-2062). Berlin, Germany: Springer-Verlag.

Andrasik, F. & Thorn, B.E. (2007). Biofeedback in the treatment of pain, in R.F. Schmidt & W.D. Willis (Eds.) Encyclopedia of Pain, (pp. 160-163). Berlin, Germany: Springer-Verlag.

Thorn, B.E. (2007). Evidence-based practice in psychology. Journal of Clinical Psychology, 68(7): 607-610.

Thorn, B. E. (2015). Reducing the cognitive demands of psychosocial treatment for chronic pain: clinical research. Feature Article: California Psychologist, 48(3), 11-16.

Invited Lectures

Thorn, B.E., Practitioner Biases and Societal Myths in Sex Therapy, Central Ohio Psychological Association, Columbus, Ohio, December 6, 1982.

Thorn, B.E., Psychological Treatment of Chronic Pain, Georgia Southern University, Statesboro, Georgia, February 28, 1983.

Thorn, B.E., Sexual Issues of the Patient: Sensitivity, Recognition & Referral, American Medical Women's Association, Columbus, Ohio, May 26, 1983.

Thorn, B.E., Assessment Strategies relevant to the Cognitive-Behavioral Treatment of Chronic Pain, Midwestern Psychological Association, Chicago, Illinois, May 4, 1984.

Thorn, B.E., Using Psychological Techniques to Alleviate Pain, Keynote address: The Third Annual Southeastern Undergraduate Psychology Research Conference, University of Montevallo, April 15, 1988.

Thorn, B.E., Sex in Psychotherapy: Unethical Intimacy, Colloquium presented with Kris Hagglund at the 1988 Auburn University Colloquium Series.

Thorn, B.E., Sex in Psychotherapy: Unethical Intimacy. Colloquium presented with Susan Corbin at the University of Alabama at Birmingham, 1988.

Thorn, B.E., Ethics in Teaching, Invited lecture given at the Annual Graduate Teaching Associate Orientation, Graduate School, The University of Alabama, August 1988 and 1989.

Thorn, B.E., Intimacy in the Therapeutic Relationship: Ethical and Unethical Conduct, Yale - West Haven Veterans Administration, September 27, 1990.

Thorn, B.E., The Descending Pain Inhibitory Systems of the Brain: Implications for Pharmacological Intervention. Alabama Behavioral Medicine Association, March 12, 1991.

Thorn, B.E., Sexual Harassment. Colloquium presented at The University of Alabama at Birmingham, October 30, 1996.

Thorn, B.E., Catastrophic Thinking and Chronic Pain. Inter-regional Chronic Pain Symposium, Southern California Permanente Medical Group, San Francisco, CA, October 12, 2002.

Thorn, B.E., Academics & Licensure in the U.S. and Canada: What academic programs need to know, presented with M. David Rudd and Katherine Yarrow at the Association of State and Provincial Licensing Boards of Psychology, Mobile, AL, October 18, 2002.

Thorn, B.E., How Can a Non-Psychotherapist Promote Cognitive-Behavioral Change in Patients? Inter-regional Chronic Pain Symposium, Southern California Permanente Medical Group, Las Vegas, Nevada, September 13, 2003.

Thorn, B.E., Psychological Approaches to Pain Management. Pain Management and End of Life Care Conference. Dept. of Veterans Affairs & Tuskegee Area Health Education Center, October 15, 2004, Auburn Conference Center, Auburn, AL

Thorn, B.E., Pain in the Brain: Evidence-Based Psychological Approaches to Pain Management. Presented with Melissa Kuhajda at: Decade of Pain: Where We've Come Where We Hope to Go. Dept. of Veterans Affairs & Tuskegee Area Health Education Center, November 4, 2005, Tuskegee V.A., Tuskegee, AL

Thorn, B.E., Cognitive Therapy for Chronic Pain: A Step-by-Step Approach. Master Clinician Seminar presented at the Association for Behavioral and Cognitive Therapies annual conference, November 16, 2005, Washington, D.C.

Thorn, B.E., Recognizing Pain in Older Rural Adults and Assisting with Pain Care. Health Care Provider Inservice Training on Pain Management, Pickens County Medical Center, Carrollton, AL., presented with Melissa C. Kuhajda, February 3, 2006.

Thorn, B.E., Students and faculty with interpersonal and other competency concerns, Council of University Directors in Clinical Psychology, January, 2006.

Thorn, B.E., Pain-related cognitive behavioral interventions: a primer for medical providers. September Pain Awareness Program, Birmingham Veterans Administration Medical Center, September 15, 2006.

Thorn, B.E., Chronic Pain: Coping, Mindfulness, and Acceptance, Southern Pain Society and the Pain and Rehabilitation Institute, Birmingham, AL, October 28, 2006.

Thorn, B.E., Using an Evidence-based practice approach in the teaching of graduate psychopathology, Council of University Directors of Clinical Psychology Programs, Savannah, GA, January, 2007.

Thorn, B.E., Cognitive-behavioral factors in pain management. Ross University School of Medicine, Russeau, Dominica, February 23, 2007.

Thorn, B.E., Chronic Pain Management. Druid City Hospital Health System, Black Belt Grand Rounds, Hale County Hospital, Greensboro, AL, May 24, 2007.

Thorn, B.E., Cognitive therapy for stress-related disorders. Willis Knighton Medical Center, Shreveport, LA, June 7, 2007.

Thorn, B.E., Preparing for an academic career in Clinical Health Psychology. Presented as part of a panel on Career Opportunities in Clinical Health Psychology at The American Psychological Association Convention, San Francisco, CA, Aug. 19, 2007.

Thorn, B.E., Chronic Pain Management. Druid City Hospital Health System, Greene County Hospital, Eutaw, AL, October 3, 2007.

Thorn, B.E., Cognitive Therapy for Chronic Pain and Other Stress-Related Disorders. Illinois Psychological Association, Chicago, IL, November 9, 2007.

Thorn, B.E., Chronic Pain Management. Druid City Hospital Health System, Black Belt Grand Rounds, Hill Hospital, York AL, December 17, 2007.

Thorn, B.E., Tips for Trainers: Using Evidence-based Practice in the Clinical Practicum, Presented with Barbara B. Walker, Council of University Directors of Clinical Psychology, Savannah, GA, Jan. 18, 2008.

Thorn, B.E., Adapting Cognitive-Behavioral Treatment of Chronic Pain for Low-Literacy Rural Alabamians: Including Effectiveness Concepts in Treatment Outcome Research. The University of Alabama at Birmingham, Birmingham, AL, Distinguished Visiting Lecturer: UAB-UA Speaker Exchange Lecture for 2008, February 20, 2008.

Thorn, B.E., Stress in America. American Psychological Association State Leadership Conference, Washington, D.C., March 10, 2008.

Thorn, B.E., Translating Research into Practice and Back Again. Opening Keynote Address, Society of Behavioral Medicine, San Diego, CA, March 27, 2008.

Thorn, B.E., Evidence-based Strategies for Chronic Pain Management. Rehabilitation Psychology Conference, Tucson, AZ, April 5, 2008.

Thorn, B.E., Clinical Health Psychology: Where We've Been, Where We Are, Where We're Going. Opening Keynote Address, Clinical Health Psychology Conference, Denver, CO, April 18, 2008.

Thorn, B.E., Cognitive-behavioral Factors in Pain Management: Translational Research from Bench to Bedside. Grand Rounds, Wilford Hall Medical Center, San Antonio, TX, May 8, 2008.

Thorn, B.E. Evidence-based Practice and Practice-based Evidence: Tales From the Trenches of Pain Management. Presidential Address, Division of Health Psychology, American Psychological Association Convention, Boston, MA, August 16, 2008.

Thorn, B.E., Living Your Life at Home and Work Despite Pain. Presented at the 2010 Neuropathy Summit, Washington, D.C., December 5, 2010.

Thorn, B.E., Integrative Medicine & Spirituality Research: Tips from the Perspective of a Researcher/Reviewer. Presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine April 27, 2011.

Thorn. B.E., Making it Real: Adapting and Disseminating Efficacious Psychosocial Treatments for Low-SES Patients with Chronic Pain. Invited Clinical Grand Rounds, Presented at The American Psychological Association Annual Meeting, Orlando, FL, August 2, 2012.

Thorn, B.E., When the workplace environment doesn't fit: Lessons learned in creating culture change. Breakfast roundtable presented with J. Ruiz, G. Friereson, L. Porter, & T. Revenson, at the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, March, 20-23, 2013.

Thorn, B.E., Reducing Disparities with Literacy-Adapted Psychosocial Treatments for Chronic Pain: Integrating Patient and Stakeholder Engagement into the Process. Invited colloquium, UAB Center for Outcomes and Effectiveness Research and Education (COERE) UAB Deep South Arthritis and Musculoskeletal CERTs, UAB Lister Hill Center for Health Policy and UAB CCTS, Birmingham, AL, May 13, 2013.

Thorn, B.E., Getting to a Patient-Centered Comparative Research Question. Invited talk with Dr. Toya Burton, Patient Centered Outcomes Research Institute Regional Workshop on The Power of Partnerships in Research: Improving Healthcare Outcomes in Underserved Communities, Memphis, TN, August 1, 2013.

Thorn, B.E., Literacy & Disparities in Reducing Barriers in Treating and Managing Chronic Pain. Winternitz Lecture, College of Community & Health Sciences, The University of Alabama, Tuscaloosa, AL., Nov. 5, 2013.

Thorn, B.E., Skills Training in CBT is the key component of change in pain self-management. Presented at the Psychosocial Pain Interest Group, American Pain Society, Tampa, FL., April 30, 2014.

Thorn, B.E., Reducing the Cognitive Demands of Psychosocial Treatments for Chronic Pain: Clinical Research. New Frontiers of Pain Research in the 21st Century Conference, Birmingham, AL, The University of Alabama, Birmingham, October 14, 2016.

Thorn, B.E., The Evolution of Chronic Pain Assessment and Treatment. Plenary lecture presented at the Chronic Pain Summit, Arizona Department of Health Services, Phoenix, AZ, May 31, 2017.

Thorn, B.E., Simplifying Cognitive-Behavioral Therapy for Chronic Pain: No Prescription Required. Presented at the Chronic Pain Summit, Arizona Department of Health Services, Phoenix, AZ, May 31, 2017.

Thorn, B.E., Simplifying Evidence-Based Self-Management Therapies for Chronic Pain: Rationale, Efficacy, and Implementation. American Pain Society Wilbert Fordyce Award Lecture, March 5, 2018.

Thorn, B.E., Adapting Psychosocial Treatments for Multiply-Disadvantaged Populations: Using Moderators to Guide the Target. American Pain Society – Disparities Special Interest Group, March 6, 2018.

Thorn, B.E., Simplifying biopsychosocial pain management approaches for disadvantaged populations: reducing literacy and cognitive demands. Keynote address. Society for Health Psychology, The American Psychological Association Annual Meeting, August, 2018.

Thorn, B.E., Nonopharmacological Pain Management: Research Priorities. Invited address to the National Academy of Sciences, Washington, D.C., December, 2018.

Thorn, B.E., Cognitive-Behavioral Therapy for Chronic Pain: No Prescription Required. Invited address to the National Register of Health Service Providers in Psychology, Washington, D.C., November, 2019.

Thorn, B.E., Putting the Brain to Work in Cognitive-Behavioral Therapy for Chronic Pain 2020 Ronald Melzack Award Lecture, International Association for the Study of Pain virtual World Congress, June, 2021.

Thorn, B.E., Helping Patients Use the Brain as an Ally in Chronic Pain Management. Sir Sydney Sunderland Lecture, Australian Pain Society Annual Meeting, Hobart, Tazmania, April, 2022.

Thorn, B.E., Cognitive-Behavioral Approaches for the Hard-to-Reach Patient with Pain: Issues of Education, Literacy & Disparity. Plenary Lecture, Australian Pain Society Annual Meeting, Hobart, Tazmania, April, 2022.

Symposia

Thorn, B.E. Cognitions and Coping Strategies: Their Relevance to the Treatment of Painful States, Symposium on New Directions in Behavioral Medicine, Midwestern Psychological Association, Chicago, Illinois, May 9, 1986.

Thorn, B.E. Committee to Prevent Sexual Misconduct by Psychologists, Alabama Psychological Association. Symposium on State Association Models for Dealing with Sexual Misconduct by Psychologists, presented with R. Clayton Shealy at the American Psychological Association Convention, Boston, Mass., August 12, 1990.

Thorn, B.E. (Chair), Bradley, L.A., Keefe, F.J., Williams, D.A. (Participants), & Kerns, R.D. (Discussant). Using the laboratory to refine assessment and treatment components of chronic pain. Symposium presented at The Society for Behavioral Medicine Convention, New York, March 26, 1992.

Thorn, B.E. Committee to Prevent Sexual Misconduct by Psychologists, Alabama Psychological Association, Symposium on State Efforts to deal with Sexual Misconduct by

Therapists. Presented with R. Clayton Shealy at the American Psychological Association Convention, Washington, D.C., August, 1992.

Thorn, B.E. (Chair), Eccleston, C., Crombez, G., (participants) & Jamison, R. (discussant). Pain and Paying Attention: Clinical and Cognitive Mechanisms. Symposium presented at the American Pain Society, New Orleans, Louisiana, October 25, 1997.

Kerns, R.D. (moderator), Thorn, B.E., Williams, D.A., Romano, J.M., & Dworkin, R.H., Psychosocial Pain Research Interest Group: Update for 1998. Symposium presented at the American Pain Society, San Diego, CA., November 6, 1998.

Thorn, B.E. (Chair), Geisser, M., Sullivan, M., Robinson, M.(discussant), Catastrophizing in the laboratory: What can experimental pain research tell us about the mechanisms involved? Symposium presented at the American Pain Society, Atlanta, Ga., November 4, 2000.

Thorn, B.E. (presenter) Process and Outcome Measures for the Pain Management Clinician, Symposium presented at the Division 38 APA Convention Symposium: Clinical Assessment in Health Psychology, Toronto, CA, August 9, 2003.

Thorn, B.E. (Chair). Doctoral Training Programs Perspective of Education and Training Leading to Licensure. Presented at the Division 31 APA Convention Symposium: Psychology Licensure: Issues of Timing, Supervision, and Insuring Quality of Training, Toronto, CA, August 10, 2003.

Thorn, B.E. (presenter). The *Cognitive* in Cognitive-Behavioral Management of Pain. Presented at the Division 38 APA Convention Symposium: 2003 Fellows, Honolulu, Hawaii, July 28, 2004.

Thorn, B.E. (presenter). Doctoral Training: Is the Tail Wagging the Dog? Presented at the Board of Professional Affairs APA Convention Symposium: Psychological Services as Health care – Disciplinary Challenges, Conundrums, and Opportunities, Honolulu, Hawaii, July 31, 2004.

Kristeller, J. (moderator), Thorn, B.E., Carlson, L.E., Carmody, J. (discussant). Mindfulness Meditation and Behavioral Medicine. Symposium presented at the Society for Behavioral Medicine, Montreal, Canada, April 23, 2009.

Thorn, B.E. (chair), Chibnall, J., Campbell, L., & Keefe, F. (discussant). Social Disparities in Pain Evaluation and Treatment: Interventions and Outcomes. Symposium presented at the American Pain Society, San Diego, CA, May 9, 2009.

Pence, L. & Thorn, B.E. (co-chair), Patient-Centered Outcomes Research: Innovative approaches for conducting high impact psychological and behavioral health research (Symposium) Thorn, B.E., Burton, T., & Brooks, R., Patient-Centered Approaches to Comparing Psychosocial Treatments for Chronic Pain (presentation title). Symposium presented at the American Psychological Association, Washington, D.C., August 9, 2014.

Thorn, B.E., Van Dyke, B.P., Torres, C.A., & Newman, A.K. Learning About My Pain (LAMP): Effectiveness of Group Cognitive-Behavioral Therapy and Pain Education for Multiply Disadvantaged Patients. Symposium presented at The Association of Behavioral and Cognitive Therapies, Chicago, IL, Nov. 17, 2017.

Day, M.E., Jensen, M., & Thorn, B.E. Psychological Treatments for Chronic Pain: Who Benefits & Why? Symposium presented at the American Pain Society, Aneheim, CA, March 6, 2018.

Workshops

Thorn, B.E., Psychopharmacology in the Clinic, Ohio State University Psychoeducational Clinic, February, 1981.

Thorn, B.E., Sexuality and Physical Disability, Ohio Industrial Commission, April 1, 1982, May 30, 1986.

Thorn, B.E. Sexuality and Chronic Pain, Ohio State University Hospital, 1986.

Thorn, B.E., Processing and Mediation: New Tools for Therapist-Client Boundary Problems. Participants: Jacqueline C. Bouhoutsos, Annette M. Brodsky, Gary Schoener. Chair: Beverly E. Thorn. Presented at the American Psychological Association, Atlanta, GA, August 14, 1988.

Thorn, B.E., Avoiding the Most Costly Malpractice Suit. Leaders: Beverly E. Thorn, Ph.D. & R. Clayton Shealy, Ph.D. Presented at the Southeastern Psychological Association Convention, Washington, D.C., March 25, 1989.

Thorn, B.E. Cognitive Behavioral Approaches for Chronic Pain." Invited workshop. Presented with Frank Andrasik & Robert D. Kerns at the American Pain Society, Miami, Florida, Nov.,1994.

Thorn, B.E., Effects of Sexual Harassment Workshops on Knowledge and Attitudes about Sexual Harassment and Attitudes Toward Women. Presented with Marianne Rosenzweig at the 6th International Conference on Sexual Assault and Harassment on Campus, November 2-4, 1996, Long Beach, CA.

Thorn, B.E., Kuhajda, M.C. K., Clements, K.L., & Cross, T. The Applications of Cognitive Behavioral Therapy to Psychotherapy with Chronic Pain Patients**.** Presented at the Alabama Psychological Association Annual Meeting, Ft. Walton, Fl., June 22, 2002.

Thorn, B.E., (chair), Rudd, M. David, & Bernstein, J. Impaired Trainees. Presented at the annual midwinter meeting of the Council of University Directors of Clinical Psychology, Charleston, S.C., January 31, 2003.

Thorn, B.E. Targeting Catastrophic Thinking Errors for Treatment. Presented at the 2nd Kaiser Permanente Interregional Chronic Pain Management Symposium, Las Vegas, Nevada, Sept. 13, 2003.

Thorn, B.E. Treating the Whole Patient in Pain: Anxiety, Depression, and Interpersonal Issues. Presented at the Alabama Psychological Association Annual Meeting, Ft. Walton, Fl., June 5, 2004.

Thorn, B.E., The Clinical Management of Pain Catastrophizing: Cognitive, Behavioral and Interpersonal Approaches. Presented with Micheal J.L. Sullivan and Annmarie Cano at the American Pain Society Annual Meeting, Boston, MA., March 30, 2005.

Thorn, B.E. Cognitive Therapy for Chronic Pain. Distinguished Visiting Professor Program, Malcolm Grow Medical Center, Andrews Air Force Base, May 7-8, 2007.

Thorn, B.E., Cognitive Therapy for Stress-Related Disorders. Annual Edith Farrell Memorial Institute Workshop, National Association of Social Workers – LA Shreveport Region, June 8, 2007.

Thorn, B.E., Helping Patients Manage Chronic Medical Conditions: Treatments That Work. Presented with Barbara B. Walker, Christopher Hunter, & Jeffrie Goodie for the Clinical Health Psychology Institute, American Psychological Association pre-convention workshop, San Francisco, CA, August 16, 2007.

Thorn, B.E., The Process of Evidence-Based Practice in Psychology: It Ain't no Cookbook! Presented with Barbara Walker at the Alabama Psychological Association, November 10, 2007.

Thorn, B.E., Cognitive Therapy for Chronic Pain. Distinguished Visiting Professor Program, Wilford Hall Medical Center, San Antonio, TX, May 8-9, 2008

Thorn, B.E., Cognitive Therapy for Chronic Pain & Other Stress-Related Disorders. Houston V.A., Houston, TX, Jan 19, 2010.

Thorn, B.E., Cognitive Therapy for Chronic Pain & Other Stress-Related Disorders. Butner Federal Medical Center, May 25, 2012.

Thorn, B.E., Psychosocial Treatments Managing Chronic Pain: Incorporating Psychoeducation, Cognitive-Behavioral Therapy, and Mindfulness. Philhaven Behavioral Health, Mt. Gretna, PA , Sept. 13, 2013.

Thorn, B.E., Behavioral Health Interventions for Chronic Pain Management. Andrews Air Force Base, March 25, 2015.

Thorn, B.E., Simplifying Cognitive-Behavioral Therapy for Chronic Pain for Low-Income Populations. International Association for the Study of Pain, Boston, MA, September 14, 2018.

Thorn, B.E., Enhancing Accessibility of Psychosocial Treatments for Vulnerable Patients. International Association for the Study of Pain, Boston, MA, September 15, 2018.

Contracts and Grants

Agency Contracts

John Wiley & Sons, Inc., $10,875 (10/04 – 1/1/05)

John Wiley & Sons, Inc., ($43,500, yearly operating budget, 1/1/05 –12/31/10)

Reducing Disparities with Literacy-Adapted Psychosocial Treatments for Chronic Pain: A Comparative Trial (PCORI Contract # 941)
Principal Investigator: Beverly Thorn (20% FTE)
Sponsor: Patient Centered Outcomes Research Institute (PCORI)
$1,059,500 (direct costs)
Period of Support: 5/16/13 – 5/15/16

Budget extension: 5/16/16 – 12/31/16
$43,259 (direct costs)

The Alabama Initiative for Integrated Primary Care-Behavioral Health Services: ALHEALTH (PCORI Program Award - Contract # 0040-ALHEALTH
Principal Investigator: Beverly Thorn (5% FTE)
Sponsor: Patient Centered Outcomes Research Institute (PCORI)
$250,000 (direct costs)
Period of Support: 9/15/14 – 9/14/16

Comparative Effectiveness of Online Cognitive Behavioral Therapy vs. an Online Single-Session Pain Relief Skills Class for Chronic Pain.(PCORI Contract PCS_2021C1_22347).
Principal Investigator: Beth Darnall, Ph.D.
Role on Project: Consultant
2022 -2027

Research Grants

Federal Grants Awarded:

National Institute on Nursing Research (1 R01 NR013910-01A1)
Project Title: Mechanisms of Psychosocial Chronic Pain Treatments
Co-Principal Investigators: John W. Burns & Francis J. Keefe
Period of Support: 9/30/13 – 9/29/18
Total Direct Costs: $3,000,000
Role: Investigator (10% FTE)

National Institutes of Health (1 R01AT008559)
Project Title: Mechanisms of Psychosocial Treatments for Chronic Low Back Pain
Co-Principal Investigators: Melissa A. Day & Mark P. Jensen
Period of Support: 8/15/2017– 8/14/2022
Total Direct Costs: $2,385,906
Role: Consultant

Department of Veterans Affairs:

Project Title: A Multisite, Randomized, Controlled Trial of
Mindfulness Meditation Therapy for PTSD
Grant Number: SPLE-004-11S 01/01/2012 7/31/2014
Total Direct Costs: $999,335
Principal Investigator: Lori Davis, M.D.
Role in Project: Investigator (10% FTE)

National Institute on Nursing Research/National Institute on Mental Health (1R21 NR010112-01)

Project Title: Cognitive Behavioral Chronic Pain Trial Among Rural Minorities and non-Minorities
Principal Investigator: Beverly Thorn
Period of Support: 8/02/07 – 5/31/09; no-cost extension – 5/31/10
Total Direct Costs: $275,000

Department of Veterans Affairs

Project Title: Telephone-Delivered Cognitive Behavior Therapy for Chronic Pain (F42811)
10/1/06 – 09/30/09
Principal Investigator: Timothy Carmody
Role in project: Consultant

NIH/OBSSR

Project Title: Resources for Training in Evidence-Based Behavioral Practice
Creates and disseminates training materials to improve the quality, understanding, and implementation of the evidence base for behavioral interventions
(N01-LM-6-3512) 10/01/06 – 09/31/11
Principal Investigator: Bonnie Spring
Role: Consultant

National Institute of Neurological Disorders and Stroke (R15 NS 41323)

Project Title: Comparison of Cognitive Treatments for Chronic Headache Pain
Principal Investigator: Beverly Thorn
Period of Support: 9/20/2001 – 9/19/2005
Total Direct Costs: $100,000

Research Supplement for Underrepresented Minorities (Parent Grant: Comparison of Cognitive Treatments for Headache Pain), NS041323
Principal Investigator: Beverly Thorn
Period of Support: 9/21/2001 – 9/14/04
Total Direct Costs: $38,951

National Institute on Drug Abuse (R01 DA 04375)

Project Title: The Use of Focal Brain Stimulation to Investigate the Neural Separability of Opiate Analgesia, Tolerance and Dependence
Principal Investigator: Beverly Thorn
Period of Support: 7/1/1986 – 7/30/1989
Total Direct Costs: $178,624

National Institute on Drug Abuse (R03 DA 03064)

Project Title: Investigations of Tolerance to and Dependence Upon Analgesic Electrical Brain Stimulation
Principal Investigator: Beverly Thorn
Period of Support: 6/1/1983 – 6/31/1984
Total Direct Costs: $21,750

National Institute on Drug Abuse (F31 DA 05143)

Project Title: Etorphine Induction of Analgesia and Catatonia in the Rat: A Neuroanatomical Mapping Study
Principal Investigator: Beverly Thorn
Period of Support: 4/1/1979 – 8/31/1980
Total Direct Costs: $8,750

Foundation Contracts/Grants Awarded:

Mindfulness Based Cognitive Therapy for the Treatment of Chronic Headache Pain,
Sponsor: Marchionne Foundation
Principal Investigator(s): Beverly Thorn, Melissa Day
$34,868 (direct costs)
Period of Support: May 15, 2010 – May 14, 2011

Mindfulness Based Cognitive Therapy
Sponsor: National Headache Foundation
Principal Investigator(s): Beverly Thorn, Melissa Day
$7,000 (direct costs)
Period of Support: January 1, 2010 – December 31, 2010

Spousal Congruence on Spouse Responses to Patient Pain and Well Behavior.
Sponsor: National Headache Foundation.
Principal Investigator: Beverly Thorn, Laura Pence
$4,600 (direct costs)
March, 2006 – March, 2007

Corporate Grants Awarded:

Retrospective Evaluation of Patient Failure to Follow-up at a Community Based Headache Clinic.
Sponsor: Merck Laboratories
Principal Investigator: Gary Kilgo, M.D.
$36,000 (direct costs)
Period of Support: July 1, 2008 – June 30, 2009
Role in project: Investigator

The Adjunctive Use of Patient-Controlled Midazolam for Postoperative Anxiety and Pain Control.
Sponsor: Roche Laboratories, Nutley, New Jersey.
$20,000 (direct costs)
Principal Investigator: Beverly Thorn
April, 1998 - August, 1999

Regional & National Service

American Psychological Association Division 38 (Health Psychology):

- Liaison to Division 12, 1999 – 2001
- Division 38 Council of Representatives, 2000 – 20006

- Health Care/Health Sciences Caucus Executive Committee, 2001-present; Chair, 2005-2007
- Co-Chair, Steering Committee for Clinical Health Psychology Institutes, 2002 – 2009
- Division 38 Liaison to Society of Behavioral Medicine (SBM) Evidence-Based Behavioral Medicine Committee (EBBM), 2004
- Division 38 representative to the trans-society training council on evidence based practice, 2005
- Division 38 President-elect, August, 2006-August, 2007
- Division 38 President, August, 2007-August, 2008
- Division 38 Past President, August, 2008 – August, 2009
- Member, Search Committee for Editor-in-Chief of Health Psychology, 2009
- Chair, Search Committee for Editor-in-Chief of Health Psychology, 2015

Society for Behavioral Medicine
Reviewer for Pain & Disability section, annual convention, 1992, 2001
Working group on career trajectories, 2009-2010
Fellows selection committee, 2010

American Psychological Association Division 12:
- Education and Training Committee, Chair, 2003 – 2006.
- Section IV Task Force on Sexual Misconduct in Psychotherapy, 1987-1997
- Section IV Program Chair 1987-1988

American Psychological Association – Member, Search Committee for Editor of Professional Psychology: Research and Practice – 2005

American Psychological Association – Member, Mind-Body Health Expert Panel - 2006

Council of University Directors of Clinical Training Programs (CUDCP) Board Member, 1994 - 2003; Chair, 1998-2002; Board Member, 2004-2008

CUDCP Liaison to the Association of Psychology Postdoctoral and Internship Centers (APPIC), 1997 -1998

Council of Chairs of Training Councils (CCTC) Member, 1998, Chair, August, 1998 - 2001

American Psychological Association Commission on Education and Training Leading to Licensure in Psychology, Commissioner representing CCTC, 2000

Council of Chairs of Training Councils (CCTC) Working Group on Competency Problems in Students. 2003 – 2006

CCTC Liaison to the American Psychological Association Board of Educational Affairs (BEA), August, 1998 - 2000

American Pain Society, Psychosocial Research Interest Group; organizational board member, 1998 –1999; co-chair of Organizational Board, 2001, 2003, chair, 2005, co-chair, 2006

American Psychological Association Work Group on Complementary and Alternative Medicine (CAM), 2001

American Psychological Association Committee on Accreditation Site Visitor, Virginia Commonwealth University, 1997; University of Central Florida, 2003, University of Montana,

2003; University of Colorado, 2005, University of Miami, 2007, George Mason University, 2007; Ferkauf Graduate School of Psychology, Yeshiva University, 2009.

Bowling Green State University, Bowling Green, OH: External Reviewer for Department of Psychology, 2002

University of Mississippi, Department of Psychology consultant to the clinical psychology Ph.D. program, April, 2002

Alabama Psychological Association, Ethics Committee, 1986-1987; Committee on the Prevention of Sexual Misconduct by Psychologists, Co-Chair, 1987-1997

Alabama Board of Examiners in Psychology, Board member, February, 2002 – 2005

Tuscaloosa Home in Place, Board Member, June 2022-25; President, June 2023-24.

University, College and Department Service

Appointed University Investigator – faculty grievance, Fall, 2004

Faculty & Staff Benefits Committee, 2003-2004

Chair, University Internal Review Committee of Mass Communication Ph.D. program, 2002-2003

Tenure and Promotion Review Committee for Women's Studies Department, Fall, 2002

University Faculty Grievance Tribunal Liaison, Univ. AL, 1998 - February, 1999

University Faculty Handbook Committee, Univ. AL, 1992-1995

University Women's Honors Program, Faculty Advisor, Univ. AL, 1991-1997

University Student Health Committee, Univ. AL, 1990-1993

University Faculty Senate, Univ. AL, 1989-1991
Student Affairs Committee, 1989
Research & Service Committee, 1990
University Planning Council, 1990

University ACHE Review Committee of Women's Studies Dept, Univ. AL, 1991

Student Affairs Staff Development Committee, Univ. AL, Spring 1992-1996

College of Arts & Sciences Blount Undergraduate Initiative Advisory Committee, Univ. AL, 1998 - present

College of Arts & Sciences Chairperson Review Committee, Dept. of Art, Univ. AL, Fall, 1994

College of Arts & Sciences Mentor, Univ. AL, 1992-1998

College of Arts & Sciences Womens' Studies Advisory Committee, Univ. AL, 1991-present

College of Arts & Sciences Affirmative Action Committee, Univ. AL, 1987-present

College of Arts & Sciences Chairperson Review Committee, Dept. of Philosophy, Univ. AL, Spring 1990

College of Arts & Sciences Ad Hoc Grievance Advisory Committee, Univ. AL, Summer 1990

College of Arts & Sciences Chairperson Search Committee, Dept. of Criminal Justice, Univ. AL, Fall, 2008 - Spring, 2009

College of Arts & Sciences Mediator for Student Sexual Harassment Complaint, Univ. AL, Spring, 2009

Psychology Department Affirmative Action and Minority Recruitment Committee, Univ. AL, 1990-present; Chair, 1991-1998

Psychology Department Research Overhead Committee, Univ. AL, 1988-1989, Chair, 1990-1992

Psychology Department Ethics Committee, Univ. AL, Chair, 1987-1988

Psychology Department Instruction Committee, Univ. AL, 1986-1989

Psychology Department Clinical Training Committee, Univ. AL, 1986-present; Chair, 1992-2007

Psychology Department Clinical Admissions Committee, Univ. AL, 1988-present; Chair, 1992-2007

Department of Psychology Faculty Search Committee, Clinic Director position, Spring, 2006

Academic Courses Taught

Undergraduate:

- Blount Undergraduate Foundations Seminar (BUI 102), Univ. AL
- Psychology of Gender - Psychology 371, Univ. AL
- Introduction to Psychology - Psychology 101, Univ. AL
- Abnormal Psychology - Psychology 358, The Univ. AL
- Senior Seminar: Clinical Health Psychology - Psychology 491, Univ. AL
- Senior Seminar: Human Sexuality - Psychology 492, Univ. AL
- Senior Seminar: AIDS: A Biopsychosocial Perspective - Psychology 491, Univ. AL
- Physiological Psychology, Univ.AL at Birmingham
- Human Sexuality - Psychology 333, Ohio State Univ.
- Introduction to Bio-clinical Psychology - Psychology 531, Ohio State Univ.

Graduate:

- Psychological Assessment II: (Personality Assessment) Psychology 610, Univ. AL; Psychology 864, Ohio State Univ.
- Novel and Experimental Approaches to Clinical Intervention (Clinical Health Psychology) - Psychology 866, Ohio State Univ.
- Clinical Health Psychology Seminar - Psychology 591, Univ. AL

- AIDS: A Biopsychosocial Perspective Seminar - Psychology 591, Univ. AL
- Sex Therapy Seminar - Psychology 692, Univ.AL
- Adult Clinical Psychology Seminar - Psychology 688: Cross-Cultural Awareness & Counseling; Critical Thinking & Clinical Decision Making, Univ. AL
- Practicum in Sex Therapy - Psychology 980, Ohio State Univ.
- Psychotherapy Practicum: Clinical Supervision in Individual Therapy - Psychology 631, Univ.AL, Psychology 980, Ohio State Univ.
- Psychological Aspects of Physical Disability and its Management by Physicians - Physical Medicine 780, Ohio State Univ.
- Physiological Psychology--Psychology 513, Psychology 651, Univ. AL
- Introduction to Ethics – Psychology 608, Univ. AL
- Psychopathology – Psychology 658, Univ. AL
- Behavioral Medicine – Psychology 693, Univ. AL